# Solesta

## How does Solesta work?

Solesta is a gel that is injected into the wall of the anal canal in four quadrants. It helps give you more control over the bowel movement, by bulking up the tissue in the anal canal. The injections do not usually cause pain and anesthesia is not necessary.

## What is Solesta?

Solesta is composed of naturally made materials called dextranomer and sodium hyaluronate. The gel is similar to the natural starches, sugars, and tissue in your body.

## What does the procedure involve?

The Solesta treatment procedure is done in your doctor's office and takes about 10 minutes.

## Are there any physical restrictions following the procedure?

You may resume limited physical activity immediately after the procedure. You can resume most physical activities after 1 week.

## How long does it take to work?

Solesta may begin working soon after the procedure, with optimal results at 3 months for many patients. The effectiveness of Solesta continues over time. Solesta was shown to be effective in patients for 2 years, and patients' results are still being followed for a 3-year period.

### What are its risks?

The most common risks of treatment with SOLESTA in the clinical study were

- Mild or moderate pain or discomfort in the rectum or anus
- Minor to moderate bleeding or spotting from the rectum following treatment
- Fever, abdominal pain, diarrhea, or constipation (experienced by some patients after treatment)

Learn more about whether Solesta is right for you and how you can get started with Solesta by calling us at 770-495-0799.